

Health Updates as of March 22, 2022

Food Allergies: As a school, we enjoy giving our students a variety of treats to celebrate special events, meeting a classroom goal, etc. Some of these treats involve food. Food allergies can be an emergency for both individuals with known allergies and those having an allergic reaction for the first time. As always, our goal is to keep our students as safe as possible during the school day.

- For any class celebrations during the school day, we will allow only store-bought foods. The ingredient label must be legible in the case of any allergy incidents.
- The teacher must be made aware at least 3 days ahead of time if a parent is bringing food treats into school.
- Teachers and parents must collaborate to make sure the food is acceptable for all.
- Parents are required to also bring an alternative for students with allergies, lactose intolerance, and those with specific eating habits, such as vegetarians, vegans, etc.
- Classroom treats can only be given in the classroom, not during lunch in the Cafeteria/Cafetorium. This will avoid disruptions during lunches, since there are students from other classes who won't receive a treat.

Being an "Allergy Aware" school, we have safeguards in place to promote food allergy awareness but continue to regularly update our plan. We appreciate your understanding and cooperation in keeping all our students safe and happy.

Health Screenings:

- Every year, regular state mandated screenings are performed, and heights and weights will be taking place this month for 1st and 4th grade students.

Illness Procedures: Please keep your child home from school for the following illnesses/symptoms:

- Vomiting or Diarrhea
- Fever of 100 degrees or more
- Conjunctivitis
- Strep Infection
- Flu-like illness

If your child has a fever, they **MUST** be COVID tested, and results provided as well as be fever-free or symptom free for 24 hours without the use of medication.

This will ensure a more full recovery and lessen the risk of passing the infection on to others. When antibiotics are prescribed, the child may return to school after being on medication for 24 hours.

If you have any questions regarding this policy, please call the Health Office before sending your child to school.